

## **AUGUST 2016**



	4 1			To the
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9 am – Bridge 1 12:30 pm – Senior Mtn Pickers 1:00 pm – Mexican Train Dominos 7 – 9 pm – Cole Bluegrass Show	8:45 am – Exercise 2 10 am – Chair Caning & Basket Weaving 10:15 am – Tai Chi at College Luth. 2 pm – Ballroom Dance 5:15 pm – TOPS #313	9 am – Tap Class 10 am & 11:15 am – Yoga 10 am – Ceramics Class 10 am – Needlework 1 pm – Line Dance 2 & 2:30 pm – Computer Classes (must sign up)	8:45 am – Zumba  10 am – Art on your own  10 am – Quilting  11:00 am – 49ers + Club Mtg  12:30 pm – Cards on y our own	8:45 am – Exercise 10:15 am – Tai Chi Class 10:30 am – Senior Mtn Picker
9 am – Bridge 8 12:30 pm – Senior Mtn Pickers 1:00 pm – Mexican Train Dominos	8:45 am – Exercise 9 10 am – Chair Caning & Basket Weaving 10:15 am – Tai Chi at College Luth. 2 pm – Ballroom Dance 5:15 pm – TOPS #313	9 am – Tap Class 10 10 am & 11:15 am – Yoga 10 am – Ceramics Class 10 am – Needlework 10 am – Bus leaves for Wolfahrt Haus from Civic Ctr 1 pm – Line Dance 2 & 2:30 pm – Computer Classes (must sign up)	8:45 am – Zumba 11 10 am – Art on your own 10 am – Quilting 11:30 am – 49ers Lunch out at K&W Cafeteria 12:30 pm – Cards on your own	8:45 am – Exercise 1 10:15 am – Tai Chi Class 10:30 am – Senior Mtn Picker 1 pm – Scrabble & Trivial Pursuit (Sign Up)
9 am – Bridge 15 12:30 pm – Senior Mtn Pickers 1:00 pm – Mexican Train Dominos	8:45 am – Exercise 10 am – Chair Caning & Basket Weaving 10:15 am – Tai Chi at College Luth. 2 pm – Ballroom Dance 5:15 pm – TOPS #313	9 am – Tap Class 10 am & 11:15 am - Yoga 10 am – Ceramics Class 10 am – Needlework 1 pm – Line Dance 2 & 2:30 pm– Computer Classes (must sign up)	8:45 am – Zumba 18 10 am – Art on your own 10 am – Quilting 11:00 am – 49ers + Club Mtg 12:30 pm – Cards on your own	8:45 am – Exercise  9 am – Bus leaves for  Consignment Shopping Trip 10:15 am – Tai Chi Class 10:30 am – Senior Mtn Pickers
9 am – Bridge 22 12:30 pm – Senior Mtn Pickers 1:00 pm – Mexican Train Dominos	8:45 am – Exercise 23 10 am – Chair Caning & Basket Weaving 10:15 am – Tai Chi at College Luth. 2 pm – Ballroom Dance 5:15 pm – TOPS #313	9 am – Tap Class 10 am & 11:15 am - Yoga 10 am – Ceramics Class 10 am – Needlework 1 pm – Line Dance 2 & 2:30 pm – Computer Classes (must sign up)	8:45 am – Zumba 25 10 am – Art on your own 10 am – Quilting 11 am – Blood Pressure Checks 12 noon – 44 <sup>th</sup> ANNIVERSARY MONTHLY COVERED DISH LUNCHEON w/entertainment by Dwayne Cole & company 12:30 pm – Cards on your own	8:45 am – Exercise 10:15 am – Tai Chi Class 10:30 am – Senior Mtn Pickers 1 pm – Scrabble & Trivial Pursuit (Sign Up)
9 am – Bridge 29 12:30 pm – Senior Mtn Pickers 1:00 pm – Mexican Train Dominos	8:45 am – Exercise 30 10 am – Chair Caning & Basket Weaving 10:15 am – Tai Chi at College Luth. 2 pm – Ballroom Dance 5:15 pm – TOPS #313	9 am – Tap Class 31 10 am & 11:15 am - Yoga 10 am – Ceramics Class 10 am – Needlework 1 pm – Line Dance 2 & 2:30 pm – Computer Classes	SETTED STATES	Rio2016 <sub>1M</sub>



## DMV2GO

(must sign up)

Friday, August 12 Salem Library &

Thursday, August 25
Salem Civic Center Parking Lot



## SALEM SENIOR CENTER

110 Union Street Salem, Virginia 24153 540-375-3054

**VICKIE SWORD** 

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**HANK LUTON** 

**BRAD BLANKENSHIP** 

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## Your Olympic Guide

August 3<sup>rd</sup> – August 21

- 1 Rio 2016 will be the first time in Olympic history that a South American country has hosted the Games. The city won its bid in 2009, beating out Chicago, Madrid and Tokyo.
- **2 -** The torch relay will begin on April 21 in the Games' birthplace Olympia in Greece before traveling across Brazil for more than 90 days and finishing in Rio on August 5.
- 3 The opening and closing ceremonies will be held in Rio's Maracanã Stadium, which boasts the world record for the most fans ever to attend a soccer game.
  Although its current capacity is around 78,000, the stadium squeezed in at least 173,000 fans during the 1950 World Cup final. Maracanã hosted the World Cup final again in 2014.
- 4 Around 10,500 athletes from 206 countries are expected to take part in 17 days of the Olympiad, competing across 306 events.
- 5 The Rio games will be the first to feature Olympians
  born in the year 2000. The youngest competitors are likely to be from diving and gymnastics.
- **6 -** There are 7.5 million tickets, with prices ranging from \$40 for some swimming events to almost \$3,000 for the best seats at the opening ceremony. Most popular events so far are soccer, basketball, volleyball & handball.
- **7 -** Organizers say they will prepare 60,000 meals per day to feed the athletes. Brazilian staples like rice and black beans and barbecued meat will be accompanied by other local offerings, such as tapioca, pao de queijo (cheese bread) and acai (an Amazonian fruit)
- **8 -** Around 85,000 soldiers and policemen will be deployed the largest security force assembled at any event in Brazil's history and twice as large as the security presence for London 2012.
- **9 -** Team USA took 556 athletes to the London 2012 Olympics and is again expected to bring more athletes than all the other visiting nations in Rio. The U.S. topped the medal table in 2012 with 46 golds and 104 overall!